



OUTDOOR DISCOVERY CAMP SUPPLY CHECK LIST



Please write child's name on all items!

Clothing Items (label with name):

- **Swimsuit** Please pack bathing suit **every day**. [Do not wear to camp!]
Children should also consider a swim shirt for additional sun protection.
- **Towel and plastic bag** (for storing wet gear)
- **Appropriate Camp Clothing:** Dress for the weather, rain gear & jacket, as needed.
- **Hat** (for sun protection)
- **Protective shoes** with closed-toes and heels (i.e. Tennis shoes, hiking boots). Closed-toed-heeled shoes must be worn at all times. Children will not be allowed to attend camp without proper footwear. *For creek hikes, we require a separate pair of old tennis shoes. Sandals, Crocs, Tevas, Keens, Aqua socks, etc. will not be allowed on creek hikes.*

Personal Items (label with name):

- **Backpack** or sports bag for all personal items. **All items need to fit in backpack.**
- Daily **lunch** in a reusable small lunch bag with airtight plastic containers (no large coolers)
- 20-32 ounce **Refillable water bottle with spill proof lids** for water & drinks.
- **Sunscreen:** Please provide sunscreen with minimum 30-50 SPF. We recommend the sunscreen lotion vs. the spray; it seems to last longer. Counselors will remind children to re-apply as needed throughout the day.
Please apply sunscreen prior to arriving to camp.
- **Insect/tick repellent:** It is recommended that bug spray for children should contain no more than 30% DEET. Do not use sunscreen/bug spray combinations. Counselors will remind children to reapply as needed.
Please apply bug spray prior to arriving to camp.
- Magazine, book, puzzle book, or deck of cards for quiet time activity.



We appreciate your support of JCPRD's backpack safety campaign. We'll continue to do all we can to ensure your child's safety when they're in our care. We ask you to partner with us in this effort by being aware of what's in your child's backpack.

TAKE A MINUTE, SEE WHAT'S IN IT... What's in your child's backpack?
TAKE A MINUTE, SEE WHAT'S IN IT... Every day before your child goes to school, to camp, to sports programs, or to a friend's house.
TAKE A MINUTE, SEE WHAT'S IN IT... When your child returns home.

So please... TAKE A MINUTE, SEE WHAT'S IN IT...

Note: Participants should not bring personal items other than those on the supply list.

Weapons (including pocketknives), smart watches, cell phones, video and electronic games, MP3 players, electronics of any kind, as well as trading cards are prohibited. The program is not responsible for loss, theft or breakage of personal items.