



Child Health Assessments

Your child should be seen during the preschool years by a health professional according to the following schedule:

At Birth	6 Months	18 Months	Then 1
1 Month	9 Months	24 Months	per year
2 Months	12 Months		until the
4 Months	15 Months		age of 20

Every child should be seen at least 13 times from birth to school entry. A careful examination of the eyes and ears should be included in the assessment.

Dental Health

A child's initial visit to a dentist should take place within 6 months after the first tooth can be seen, but no later than 1 year of age. Following the initial visit, regular check-ups should be scheduled every 6 months (or twice a year).

In communities where the drinking water is not fluoridated, a dentist should be consulted about an age appropriate fluoride treatment plan.

Social-Emotional Health

Caring for your child's social and emotional health is also an essential part of raising a healthy child. To learn more about age appropriate development tasks as well as ideas for encouraging healthy social and emotional growth, visit:

www.brightfutures.org/mentalhealth/pdf/tools.html#families.

Safety

Providing your child with a safe environment to grow is an important part of raising a healthy child. For information about safety precautions and more, visit: www.kdheks.gov/safekids.

Well-Child Visits Should Include

- A. Discussion of your child's physical and behavior problems with the physician.
- B. A Health Assessment of your child by the physician or nurse approved to perform Health Assessments.
(including important screenings such as vision, hearing and blood tests)
- C. Immunizations
 - Make sure your child has the necessary immunizations for his/her age. This is important for your child's health.
 - Many childhood diseases can be prevented with regular health care visits and up-to-date immunizations.
 - Discuss with your child's physician the appropriate course of immunizations.
 - Your child's physician will also provide you with Vaccine Information Statements (VISs) prepared by the Centers for Disease Control (CDC) regarding certain vaccinations your child will be given.
 - Repeat immunizations as recommended by the Kansas Department of Health and Environment. Your child's physician may also discuss new vaccines with you as they become available.
- D. Discussion of your child's health history since the last visit.
- E. Written instructions concerning your child's care, diet and recommendations for the solution of any special health problems.
- F. Referrals when necessary to other persons for special services.
- G. Appointment for next Well-Child Visit.