

# SPECIAL POPULATIONS

## How to Earn JPCRD U Credit

This holistic wellness program for ages three to 18 lets participants earn achievement badges in five wellness dimensions: physical, social, environmental, intellectual, and mindfulness, in order to advance through JPCRD U. Each eligible class listing includes information on which dimension in which your child will earn their achievement credit. To learn more about JPCRD U, visit [jcprdu.com](http://jcprdu.com). After signing up for a credit-eligible program, go to page 24 for information on signing up for JPCRD U - Enrollment & Focus on Wellness.

### ABOUT OUR SPECIAL OLYMPICS & SPECIAL POPULATIONS PROGRAMS

Special Populations offers recreational, educational, and social activities for mentally and physically challenged individuals.

#### Volunteers

Volunteers help coach and assist athletes as well as chaperone, teach recreational classes, and participate with various Special Olympic committees. Please call Lindsey at (913) 831-3355 if interested.

#### Financial Assistance

Applications for financial assistance are available in the Registration Office, Bldg. D, Antioch Park. Call (913) 831-3355 to request an application.

#### Refund Policy

Refunds will not be granted later than one week prior to program start date. Medical refunds will be permitted with physician's note.



### Special Pops: Valentine's Day Dance (Ages 8 & Older)

Come join your friends to celebrate Valentine's Day! There will be great music and light refreshments. Dinner is not included.

Earns JPCRD U Physical Credit

1 - 2 hr. session - \$15

36701 Roeland Park Community Center 2/8 Wed 6 pm

### Special Pops: Movie Night (Ages 13 & Older)

Come join your JPCRD friends for a movie night. Please bring money for ticket and snacks.

Earns JPCRD U Social Credit

1 - 3 hr. session - \$5

36695 Antioch Park 4/11 Tue 6 pm

### Special Pops: Music to my Ears (Ages 8 & Older)

Come join your friends to learn how to play the guitar.

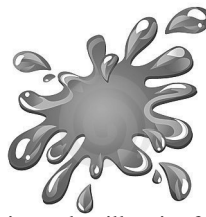
Earns JPCRD U Mindfulness Credit

14 - 45 min. sessions - \$30

36699 Antioch Park 1/18 Wed 6 pm

### Special Olympics Dates to Remember:

Feb 1-3..... Winter Games  
 March 4..... Metro Basketball/Cheerleading  
 March 16-18..... Hays Trip  
 April TBA..... Metro Powerlifting



### Special Olympics: Aquatics Practice (Ages 8 & Older)

Come join us as we improve our skills and get some great exercise. Participants need a current Special Olympics physical. For athletes not participating in Track and Field please come from noon to 12:45 pm. Athletes that are participating in track will swim from 1:15 to 2 pm. Developmental practice is from 1:15 to 2 pm. Lap practice is from 2 to 2:45 pm.

Earns JPCRD U Physical Credit

14 - 45 min. sessions - \$25

36686 Shawnee Mission West 2/18 Sat 12:15 pm

### Special Olympics: Basketball (Ages 8 & Older)

Hands up defense! Anyone can play basketball. Join us for practice. We will participate in the area basketball tournament and travel to Hays, Kan. for the state basketball tournament in March. Current physical required to participate.

Earns JPCRD U Physical Credit

7 - 45 min. sessions - \$25

36684 Horizons High School 1/9 Mon 6 pm

### Special Olympics: Cheerleading (Ages 8 & Older)

Learn new cheerleading moves while making new friends. Participants will practice for area and state competition. Current physical required to participate.

Earns JPCRD U Physical Credit

7 - 45 min. sessions - \$20

36685 Horizons High School 1/9 Mon 6 pm

### Special Olympics: Cycling (Ages 8 & Older)

Cycling is fun! Gear up and join your friends as we improve our cycling skills and prepare for the area and state tournaments. Current physical must be on file.

Earns JPCRD U Physical Credit

9 - 90 min. sessions - \$20

36687 IBT Inc. Parking Lot 4/1 Sat Noon

### Special Olympics: Tennis (Ages 8 & Older)

Serve 'em up! It's spring time, so clear the dust off those racquets. Get ready to learn some new skills as well as refine the skills you already possess. Current physical must be on file.

Earns JPCRD U Physical Credit

9 - 45 min. sessions - \$20

36688 Shawnee Mission Northwest 4/19 Wed 6 pm

**Don't Miss Our Truck & Big Rigs for Kids Event on April 8, See Page 10**

### Special Olympics: Track & Field (Ages 8 & Older)

Jumping, shot-put, walking, wheeling, running! Competition for everyone! Join us at practice to learn a new sport and meet new fields. Current physical must be on file. Practices will be held two times per week. Monday practices are from 6 - 7 pm, and Saturday practices are from Noon to 1 pm.

Earns JPCRD U Physical Credit

18 - 60 min. sessions - \$25

36693 Shawnee Mission West 4/1 Sat, Mon Noon

