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INTRODUCTION TO SOCCER

Developmental Soccer can be a wonderful experience.

We'd like to suggest some guidelines that will help it become just that for you and your child.

1. *Don't expect too much.* Your child may not be able to get a goal. *Always let your child know* at the end of each practice or game regardless of their ability, *that he/she is the **NUMBER ONE BEST PLAYER!!***
2. *Encourage* your child and team mates *to set a good example* by applauding the children on the opposing team.
3. Find *positive* things to say!
4. *Never make derogatory remarks!* Not to players, coaches, or parents. All coaching questions, or complaints should be made in private, away from the players.
5. Help your players *get to practices and games at least five minutes early.*
6. Remind your child to *pay close attention to the Coach.*
Please allow the Coach to coach the children.
7. Remember *Soccer* is designed for your child to learn the basic techniques of Soccer and to have *FUN!* Soccer is not designed to be a competitive sport, no scores are kept and all players play.
8. Coaching Tips may be modified according to the skill level of the participants.
9. For inclement weather call the *Soccer Sportsline at (913) 312-8840*

BASIC AREAS COVERED

- Begin every session with a short slow run to warm muscles, followed by stretching out and exercise (10 minutes).
- Skill Training (Teaching & reviewing soccer fundamentals (20 minutes).
 1. Kicking the ball
 2. Stopping the ball
 3. Dribbling
 4. Passing drills
 5. Throw-in
 6. Sportsmanship
- Scrimmage Games (20 minutes)

SEASON STARTS: **Saturday, April 3, 2010.** Please make note of the time you registered and show up at that time on Field G at Stoll Park, 12500 W 119th St. Overland Park.

PICTURE DAY: **April 18** - If this date is rained out Coaches will be notified of a make up date. This information will also be given on the Sports line. Any questions regarding pictures please call Expressions Midwest at 913-262-2002.

SOCCER BALL: We will be using a Size 3 soccer ball in our sessions. (Ball provided for session use only).

SPORTSLINE: For weather information call the **Sportsline at (913) 312-8840.** If it has rained the week prior to game day please check the Sportsline for Cancellations.

The Johnson County Parks & Recreation has a Pee Wee Instructional Soccer Program in the Fall and Spring. Please check our website www.jcprdsoccer for League information. This will be updated in December for the Spring Season.

OUR GOAL: HAVE FUN! MAKE FRIENDS! ALL KIDS PLAY SOCCER!